



## Announcements

### January 2024

Monday, January 8, 2024

Meeting @ 7pm

"Unwinding in the New Year"

Mint Hill Town Center

Mint Hill 28227

Saturday, January 20, 2024

Breakfast Bunch @ 9:30

Americana Restaurant  
1628 Matthews-Mint Hill Rd  
Matthews, NC 28105

Tuesday, January 23, 2024

January Enrichment @ 5:30

"Relax and Rejuvenate"

Olde Sycamore Golf Plantation Clubhouse

7500 Olde Sycamore Dr

Charlotte, NC 28227

### February 2024

Monday, February 12, 2024

Meeting at 7pm

Mint Hill Town Center

Mint Hill 28227

### March 2024

Thursday, March 7, 2024

SIP, SAVOR, & SUPPORT

Pine Lake Country Club

5504 Lebanon Rd

Mint Hill 28227

Monday, March 11, 2024

Meeting at 7pm

Mint Hill Town Center

Mint Hill 28227

### April 2024

Monday, April 8, 2024

Meeting at 7pm

Mint Hill Town Center

Mint Hill 28227

**January 8, 2024** - Next meeting back at Mint Hill Town Center  
**Bid on our Dennis the Menace drawing— see page 4 for details**  
**March 7, 2024—Sip Savor Support—See article on page 5**  
**If you need a ride to a meeting or an event**, please send an email to mhwclub@gmail.com and we will try to get another member to get you out and about.  
**We are still collecting Red and White bottles of wine valued \$15.00 and up. Bring yours to the meetings or contact Marilyn Fargo or Susie Laurie.**  
**We still need baskets of any size or shape.**  
**Sip Savor Support Tickets are now on sale - at our meetings or online.**  
**MEMBERS AND GUESTS: Shop at our monthly meetings:** The Fundraiser Committee will be selling gift cards at face value at our January and February meetings. Members who purchase \$100.00 or more will receive a 10% discount on gift cards. Please bring cash or a check. We can take Credit cards, if necessary

## Message from the President

Hello lovely ladies!!

We blinked! Christmas is behind us and 2024 is here! I hope you had a wonderful holiday and you are ready for a special year ahead! Mint Hill was blessed this season with beautiful, jolly MHWc elves making spirits merry and bright in the community! This time of year is always so busy but once again, you ladies inspired and impressed me with your kindness and the generosity of your time and treasure. Thank you to each lady that donated towards or participated in the numerous service activities the club hosted! There is no doubt that you made a difference and made days brighter for many!

It is easy to get run down this time of year so we all need a chance to unwind. Looking ahead, there are a few opportunities to recharge our internal batteries and care for ourselves for a change. In January, at the membership meeting, we will learn a few techniques to stretch and relax. During the January enrichment, members have an opportunity to take advantage of a special offer and will be pampered by Soothe the Soles. Last but not least, get some much needed girl time in on a Saturday morning in late January while enjoying breakfast!

After a little rest and self care, it will be time to jump in with both feet and make Sip, Savor, Support the best yet! This event is our largest fundraiser and brings in the money that allows us to make such an impact in the community. If you are wanting to help in some way, please contact Marilyn Fargo!

Thank you again for all you do and will do in 2024! You are such a blessing!  
Happy New Year!  
Love, Jessi

# December Meeting Recap

Around 50 women attended the Annual Christmas Party held at the Blair Road United Methodist Church on December 11, 2023. Each woman brought an unwrapped gift for Servant's Heart, a wrapped Christmas ornament, and a dish to share. After a greeting by our President, Jessica Burns, we enjoyed a feast followed by a short business meeting. Next, Margaret Heins led us in a variety of fun games. We ended with a game where we swapped our ornaments. Everyone seemed to have lots of fun! Merry Christmas!

**Anne Doughty, VP**

We had such a nice holiday meeting at Blair Road Methodist Church on Monday December 11th. The food everyone brought was so delicious and the games provided by Margaret Heins were so much fun. Thank you everyone for making this such a special night! We also need to thank the Winter Team members for all their help with organizing and setting up the event and all the club members who helped with taking down tables and clean up. We also have to recognize John Phillips (Dona) and Craig Fargo (Marilyn) for coming early and helping set up all the tables and chairs.

We couldn't have done it without you all!

**Dona Phillips, Winter team chair**



# January Meeting

Our **January 8<sup>th</sup>** meeting of the MHWC will be back at the Mint Hill Town Hall from 7-9 PM. Our topic is "**Unwinding in The New Year**". We will have someone from **Total Being Yoga** show us how to move and stretch our bodies in a healthy way. Please wear leisure wear to the meeting so you are ready to participate in the stretches.

**Total Being Yoga** is located on the 2<sup>nd</sup> floor of the Mint Hill Village, 7427 Matthews Mint Hill Rd, Ste. 206. They say that all of their classes share one thing in common: "*A comfortable, safe space in which to explore the body, mind, and soul*". They have a variety of classes with their description and times posted on their website. Hope to see you all there!

**Anne Doughty, VP**

# Winter Team News

## December Winter Team Holiday Luncheon

What a nice December luncheon we had at Pine Lake Country Club on **December 20th!** Members were dressed in their finest and everyone had so much fun just relaxing and enjoying the afternoon. As always, the food and service were fantastic and the venue was set up so beautiful for the holidays. Three lucky ladies won two holiday baskets and a snowman ornament donated for the event. Thank you so much to Sharon Jennings for donating the beautiful holiday baskets and to Pam Allred for donating the ornament. We did not raffle the gifts off but rather drew names. We wanted each and every member at the event to have a chance of winning the gifts so that we could recognize each person for all they do for the club and the hours and hours of service that members give to the community. We are so lucky to have such a wonderful group of Mint Hill Woman's Club Members!

**The Winter Team hopes everyone had a wonderful Holiday Season and a safe and Happy New Year!**



## **January Breakfast Bunch on Saturday, January 20, 2023 @9:30am at Americana Restaurant**

1628 Matthews-Mint Hill Road  
Matthews, NC 28105

Menu items include menu items such as traditional breakfast plates, house specialty breakfast plates, 3 egg omelets, breakfast sandwiches, homemade biscuits, and breakfast items from the griddle. *Watch for the Evite in January.*

## **Enrichment on January 23, 2023 @ 5:30PM**

Come join us in January for our Winter Team Enrichment and some relaxation! Sandy from *SootheThe Soles* and Javier, her associate, will use relaxing techniques by way of trigger points on your choice of feet, hands, or face. Reflexology clears pathways, assisting the body, mind, and human spirit to begin healing relieving pain, easing trauma, dismissing stress, and calming anxiety. You will exit your experience feeling rejuvenated, relaxed, and balanced! As you wait for your turn, enjoy some social time with other MHWC ladies in the clubhouse.

## **Olde Sycamore Golf Plantation Clubhouse**

7500 Olde Sycamore Dr  
Charlotte, NC 28227  
Cost: **\$25 per session**

## Thank You

We are honored to have you  
in our Festival of the Trees.  
Thank you!



Wishing you and your family warmth,  
wonder and well-being.

Matthews Medical Center  
Jason Bernd, President  
Robyn Barriffer, CNO

## Hugs

Sharon Clark	Accident
Maynell Outen	Surgery
Sandy Harrison	Sympathy
Amanda Yelton	Thinking of you

Please contact Deonna Bandos, Corresponding Secretary, with information regarding any member who needs a Hugs card. You can email her at [ddmbandos15@gmail.com](mailto:ddmbandos15@gmail.com)

## January Birthdays

Birthday	First Name	Last Name
01-03	Lana	Cobb
01-06	Sylvia	Gill
01-07	Tracey	Questell
01-09	Mary	Wallace
01-13	Charlotte	Elliott
01-17	Marilyn	Folnsbee
01-19	Shelia	Moore
01-28	Annette	Pace
01-31	Marilyn	Fargo
01-31	Phyllis	Kill

## A Great Valentine's Gift For a Loved One

We have this original Dennis the Menace drawing by Marcus Hamilton for Sale now. It is shown to the left and its a 3" black frame with double matting sized 21" wide by 25" tall. Bidding starts at **\$250.00**. Mr. Hamilton lives in Mint Hill. He has been making Dennis the Menace donations to the Mint Hill Women's Club for over 30 years. Please call or text Marilyn Fargo at 716-867-7780 to make a bid.



# Sip Savor Support Fundraiser

FUNDRAISER, SIP, SAVOR, SUPPORT, THURSDAY, MARCH 7, 2024!!!!

## TICKETS ON SALE NOW:

VIP TICKET \$85.00

REGULAR TICKET \$45.00

See Ann Papias, Marilyn Fargo, or Susie Laurie for ticket sales.

Available at each meeting in January and February or online. You can also call one of us.

Our Annual *Sip, Savor, Support* fundraiser is Open to the public. Please ask family, friends, and businesses to support our Community Event. It makes a difference if you ask someone you know personally. We need ALL MEMBERS to help in this endeavor. A fun night at Pine Lake Country Club on March 7, 2024. Doors are open from 6:00pm to 8:30pm.

We will have great raffle baskets, a variety of Silent Auction items, a Cork Pull to win a bottle of wine valued from \$15.00 to \$90.00, a DJ - Todd Alexander, heavy hors d'oeuvres furnished by Mr. and Mrs. Messer, and a Cash Bar. It is an evening of meeting new people and networking. We are asking members to obtain gift cards from businesses you patronize. These donations can come from restaurants, nail and hair Salons, massages, facials, hardware stores, and specialty shops.

We also have WINE sponsorships: (Ask Marilyn Fargo or Susie Laurie for details. )

Gold Sponsor \$500.00

Silver Sponsor \$250.00

Bronze Sponsor \$100.00

We are continuing to collect Red and White bottles of wine - valued \$15.00 and up. Susie Laurie will be collecting the wine at meetings. Wine can be dropped off at Susie Laurie's house or Marilyn Fargo's house.

We will continue to sell Gift Cards (at face value) at each meeting in January and February. Purchases of \$100.00 or more will receive a 10% discount.

In January and February, we will have a sign-up sheet for Fundraiser jobs on March 7, 2024. We will need about 40 members to help with various tasks at the event. See Marilyn Fargo or Susie Laurie to sign up. Husbands can sign-up too!

**Thank you, in advance, for all your support, donations, and teamwork.** It takes us all to have a successful Fundraiser! The money we raise will go back to our community and non-profits.

Sincerely,  
Marilyn Fargo and Susie Laurie

## Holiday Gift cards distribution

As is the MHWC tradition, Thanksgiving and Christmas Holiday funds were distributed for 2023. \$70.00 Food Lion gift cards were presented to seven Mint Hill Middle School families for Thanksgiving.

\$50.00 Gift Cards to Walmart were provided to Mint Hill Middle School counselors to be distributed among ten Mint Hill Middle families.

Ladies, as always, feel the Christmas spirit as Mint Hill Women's Club contributions to the Mint Hill Community truly make a difference to many families.

Marilyn Folnsbee

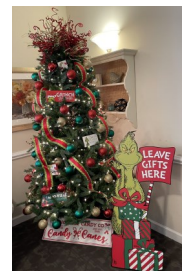


# Service

## Cadence Senior Living

On Thursday December 7, Marilyn Fargo, Jess Burns, Deonna Bandos, Sharon Jennings, MaryAnn DeSano and Desiree van Egmond went to Cadence Senior Living to spread Christmas cheer while singing Christmas carols to the residents and staff.

Many of the residents joined us in singing and one of the resident's family members accompanied us by piano. After singing, we delivered candy and handmade cards to all the residents. We had such a wonderful time and plan on doing it again next year! Hope you can join us!



On December 14th, members Sharon Jennings, Phyllis Kill, Carol Raffe, Susie Laurie, and Marilyn Fargo enjoyed crafting at Cadence Senior Living. We arrived with craft baskets, treats, and handmade Christmas cards for residents. The ladies were happy to see us and enjoyed making a foam Santa holding a candy cane. They also decorated felt Christmas trees. If you have time in the future you should join us. You will get a "feel good" feeling upon leaving Cadence.



# Service

## Servant's Heart

Servant's Heart had their annual Christmas Toy Drive for Community low income children. The Mint Hill Women's Club was glad to participate, again, this year. As always, our members collected toys and gift cards for kids 6 months through teenager.

We raised the bar and went all out with donations!!! An amazing \$1,107.00 was collected in toys and \$400.00 in gift cards. You are ALL AMAZING and so generous with your kindness during the year especially at Christmas... Another Team effort!!!

Our cheerful elves Jessica Burns, Edna Vera, Mary O'Rourke, and Marilyn Fargo delivered the toys to Servant's Heart on Tuesday, December 12th. Social Worker, Rochelle Williams, was so excited to see us and thanked us for all our help and continued support. Rochelle gave us a backroom tour of all the toys waiting to be wrapped and distributed. Thank you everyone.



## Mint Hill Police and Fire Departments

The MHWC donated two large gift baskets to the Mint Hill Police and Mint Hill Fire Departments. We wanted to thank our Police and Firefighters for their service and protection to our community. We had over 50 treats in each basket. Our first stop was at the Mint Hill Police Department. Several officers came to take pictures and accept our donation. They were very grateful and friendly. We gave them hugs with a message to be safe and God Bless.

Our second stop was to the Mint Hill Fire Department. We lucked out to see about 10 firefighters having a meeting. The Deputy Fire Chief John Phillips was very welcoming. He invited us into the station to say hello to the firefighters and took us in the garage with the fire trucks and equipment. We took several pictures with ALL THE GUYS!!! Such a brave and friendly group. They thanked MHWC members Rosy Crumpton, Sharon Jennings, and Marilyn Fargo for the Christmas gift basket of goodies! The three of us left and we were standing by our cars talking and within 5 minutes, all the firehouse doors opened, sirens were sounding off, the fire trucks were leaving, and all the guys were gone. So glad we got to see them before they left. Such a great experience!



# Service

## Blessed Assurance

Mint Hill Women's Club members donated lots of essential items to Blessed Assurance. The men and women who attend this day care will receive a large bag of goodies at their annual Christmas party. Members Dona Phillips, Margaret Heins, Kay Major, Dawn Leavesley, Marilyn Folsbee, and Marilyn Fargo filled 40 large Christmas bags. There were 18-20 items in each bag. This was an evening Service Project for those members that work. Thanks to these lovely ladies for meeting and assembling all these treats. I would like to thank the many members who made donations. You are always there to help with any Service request. **Such a GREAT Team of women!!!**



Blessed Assurance Day Care has asked the MHWC to assist with their annual Christmas Party. Volunteers will help distribute lunch, desserts, Christmas presents, and spread good cheer.

The seniors at the day care love us and always ask "when will we be back"? Members Edna Vera, Lucia Trinidad, Mary Ann DeSano, Mary Walden, and Marilyn Fargo attended this party. We all had a good time interacting with everyone. It was nice to spread some Holiday cheer! Thank you ladies!!!





# Service

## Backpacks of Love

Our monthly assistance to Backpacks of Love is always appreciated by Erin Clark. Members Mary Ann DeSano, Sharon Jennings, and Marilyn Fargo distributed non-perishable food to low-income families. We help set up shelves with food, helped fill food lists, bag, and carry food bags to cars. By the end of each distribution most shelves are pretty empty. The last couple months donations have been slim. The MHWC donated some nonperishable food and snacks. Sharon Jennings, also, donated 10 dozen eggs and quarts of milk. Thank you ladies and thanks to all members who made donations for this worthwhile cause. So many people are going through tough times and need our help. My personal thanks to all of you! We thank these ladies who volunteered Mary Ann DeSano, Sharon Jennings, Betsy Hutton, Margaret Heins, Fey Grayson, Pam Allred, and Marilyn Fargo.



# Community News

Sam Ettaro did a podcast featuring the Mint Hill Women's Club on Friday, December 8, 2023. Attached is his picture and information. You can click on the link below to watch this on Youtube.

He interviewed MHWC members Jessica Burns, Marilyn Fargo, Andree West, Navondria Huggins, Paige McKinney, Terri Jelstrup, and Marilyn Folsbee.

<https://www.youtube.com/watch?v=M3gnbeGVhik>



This was soooo cool! I know what you're thinking. The [Mint Hill Women's Club](#) ????? And why would I want to watch that? Well, first, it's a story that's far bigger and more impactful than you might be supposing. Second, it was an absolute blast! What fun we had! Third, support all of the amazing non-profits represented in this feature. The vibe and energy in the cafe was just amazing! CharlotteNOW TV live from [Sunflower Club - Mint Hill](#) featuring Jessica Burns of the Mint Hill Woman's Club and several wonderful people who they partner with.

Here's the raw live feed from today Please share this fabulous resource!

Be well and be blessed, folks!

[Blessed Assurance Adult Day Care](#)  
[Honor the Warriors](#)  
[One Yard Away](#)  
[Mint Hill Chamber of Commerce](#)